



## NEWSLETTER FEBRUARY 2006

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**Saturday, March 04, 2006**

- Within the last two months SCH has gratefully received replacement mattresses, pillows and also wall clocks for each room. The dorms are looking great. We have also been given some second hand furniture. Thank you for your generosity, all who have donated.
- We now have 50% of our estimated costings covered by regular commitments.
- We have received a top grade ceramic water filter. Thank you to the Alberton Lutheran Parish, Gregg Scott and Derek Chignel, who all played a part in getting this quality product to SCH.
- We welcomed our new Steering Committee Member, David Aryana, who is a well loved pastor and Superintendent of GKII churches here in Bali. He lives approximately 30 mins away from SCH, and is known to many of the staff and children because of his loose involvement over the years. David himself was one of the foundation SCH children and spent 1979-1981 there. Last week he held an inservice on sex education for the youth of SCH.
- We commenced a Virgin Coconut Oil programme for all children and staff members on February 1<sup>st</sup>. LEAP [www.leapin.org](http://www.leapin.org) and CampBali Oils [www.campbali.com](http://www.campbali.com) are working together in donating VCO for SCH. This is a wonderful nutritional supplement and we are excited to see the benefits unfold. Research has proven VCO to be a great immune booster and suitable for prevention and treatment of a number of disorders. SCH is being provided with enough to meet its full dosage requirement. Children and staff are now taking it daily as a tonic.

- A sum of money was recently donated by some young children in Australia via Direct Aid. The SCH staff and steering committee are all in agreement re using these funds to start an Aquaponics System.

Aquaponics is very similar to Hydroponics. Most people may not be aware of what this is but would have seen the hydroponics lettuces in supermarkets around the world. They are found in the produce section sitting in a tank of water and come complete with the roots.

Aquaponics uses the water from intensively farmed fish to grow vegetables. We feed the fish, the fish feed the veggies and the veggies clean the water, which is returned to the fish.

There is much interest in this project. If successful it could be used to help solve some food shortage issues in some of the arid areas of Indonesia. Aside from this the children of SCH will gain exposure to a cutting edge agricultural system and benefit from its produce.

We would like to thank to Joel Malcolm for his support. Please check out his Aquaponics website at <http://www.backyardaquaponics.com> which was the inspiration for this project. Joel has some fantastic pictures and provides a great explanation of how this all works.
- As we mentioned earlier, the pigs have been sold and we have decided to do away with the ever roaming chickens also. The kids are having a hoot trying to catch them so they can eat them! Money from the pigs will be put into a small business involving buying a few calves, finding a local person to rear them and then selling them when they are grown – SCH will get half of the profit.
- Nicky has been driving several SCH children to art classes at Gateway Community Centre in Sanur each week. Herman and Astina have been diligently working on some pictures. We are proud to encourage these boys in their talents. Their pictures are now framed, ready to exhibit and sell in the SCH shop.



Above: Pak Putu and Ibu Yuni unload mattresses from Bali Care  
 Below: Budding artist Astina

